

HOW TO MAKE

# A Beautiful Life

Reflections For A Daughter  
On Her Birthday

Love yourself.

**MAKE PEACE** with who you are  
and where you are  
at this moment in time.

Listen to your heart.

If you can't hear what it's saying  
in this noisy world,

**MAKE TIME** for yourself.

Enjoy your own company.

Let your mind wander among the stars.



3-25-10



Try.

Take chances.

**MAKE MISTAKES.**


Life can be messy

and confusing at times,

but it's also full of surprises.

The next rock in your path

might be a stepping-stone.



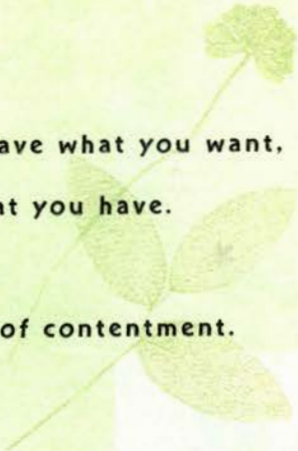
Be happy.

When you don't have what you want,

want what you have.

**MAKE DO.**

That's a well-kept secret of contentment.



There aren't any shortcuts to tomorrow.

You have to **MAKE YOUR OWN WAY.**

To know where you're going

is only part of it.

You need to know where you've been, too.

And if you ever get lost, don't worry.

The people who love you will find you.

Count on it.

Life isn't days and years.

It's what you do with time  
and with all the goodness and grace  
that's inside you.

**MAKE A BEAUTIFUL LIFE...**

The kind of life you deserve.

*Happy Birthday!*

*Love you,  
Mom*

*3-25-10*